Pressure Points

Following are some “Pressure Points” that people face. Put a mark on the continuum where you see yourself in relation to these “Pressure Points”

You have to take an important test in a difficult class:

Unprepared Prepared

You lost a friend after sharing some private secrets:

Friendless I’ll be okay

You have to pay for college:

$0 Fully Funded

Someone is pressuring you to have sex::

Caving in I can wait

Spiritual life lately:

Dull or dying Alive or Growing

The team lost an important game because of you:

In the doghouse Supported still

What is another one of your pressure points?:

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